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HOLIDAY **GIFT GUIDE** INSIDE!

COVER CONTEST WINNER
TIFFANY CINTRON

**the
chef's
special**

Photography by
Kennon Evett

chef kisha lagrande armstead

RESTAURANT **THE POPCORN BAR** [POPCORN, SNACKS, GIFTS]

3829 SOUTHWEST FREEWAY, HOUSTON, TX 77027 | 713.621.7677 WWW.POPCORN-BAR.COM

THE POPCORN BAR IS A FAMILY-OWNED AND -OPERATED BUSINESS CONTINUOUSLY POPPING SMALL BATCHES OF THAT GOLDEN KERNEL DAY IN AND DAY OUT. OWNER AND CHIEF POPPER KISHA SHARES A LITTLE INSIGHT INTO THE MAKING OF A POPPER.



Favorite late night spot for a bite?

Fish City Grill. Their fish tacos are really good.

Best breakfast?

I like breakfast food best at night.

Best brunch?

The Breakfast Klub. I love their chicken and waffles.

What's your pet peeve?

Letting fresh produce go to waste. Fresh fruits and veggies are an important part of our diet and their life span is limited. It's such a shame to let them spoil.

Favorite affordable wine?

Moscato. Quite frankly, any brand will do. We have a cocktail-flavored popcorn line. We have a Merlot, and I'm working on a Moscato.



Favorite place for dessert?

Sitting on the porch or patio on a nice summer evening. (I'm a country gal.)

Who are your favorite chef, restaurant and dish?

Rachael Ray doesn't consider herself a chef, but I really like her. She makes dinners that you don't have to slave over all day. Simple and delicious.

Is there a food you won't eat?

I am very open to food. There is nothing I won't try at least once.



Do you anticipate publishing a cookbook?

All things are possible. I welcome all good things that come.

What is your comfort food?

Fish and grits. My grandmother use to make this dish often while growing up. Whenever I eat this dish or see it on a menu I think of home.

Do you use a recipe or wing it?

I use recipes, but end up cooking to taste and smell. That's my way of putting a little 'soul' in my food.

What do you see as the next food trend?

Popcorn, of course. But I'm banking it will be around for a while. It's a great snack loved by all and the variety of flavors and seasonings are endless.



Popcorn



At home, what do you keep on hand to serve drop-in guests?

Moscato. And for the non-drinkers, Gatorade® or water.

What would people be surprised to find in your home refrigerator?

I don't keep much of anything in my fridge. I would probably get better use out of it if I used it for storage or something.

What magazine cover, other than OoZ's, would you like to be featured on?

Any health/fitness magazine.

Favorite sandwich?

BLT with avocado. (However, my first love is grilled PB&J and banana.)

Favorite ice cream mix-in/topping?

Warm peach cobbler with extra crust.

Favorite picnic spot?

Niagara Falls.



FAVORITE SPOT TO EXERCISE/RUN

cosmic crossfit, pearland, texas.
I currently have a love-hate relationship with crossfit.